

October 2026

From the President ... aka Ruth's Ramble



From having nothing to write about last month, I had plenty to say this month....and even more to write about, at a time when we are really starting to enjoy some lovely spring sunshine!

It's been a big few weeks one way and another! Thank you to Denys for facilitating IFF day which gave us an opportunity to try out some of the facilities at Te Puna Whai Maturanga, and meet up with Altrusans from Hawera and Ohariu.

The annual Levin Combined Service Clubs dinner in September was very successful and the proceeds from the raffle were added to the fundraising for Palmerston North Hospital Foundation Surgical Robot. This made a total of \$4724 raised and donated by Rotary, Lions and Altrusa. Another donation will be made following the E-waste day on Sunday 15 November.

A lot of positives in September !

The coming week looks to have 3 Committee/Team meetings, followed by 'Age on the Go' on Friday , so another busy week. Thanks to all members who have been able to contribute to the raffle which the Membership committee will have on the stall.

There are lots of things going on for individual members, some exciting things, some challenging. Lets look out for one another and let kindness rule our actions. Small actions make a difference.

Cheers
Ruth



Combined Service Clubs' Dinner

In mid-September, the Rotary, Lions and Altrusa Clubs met for their annual combined service clubs' dinner. This year it was the Levin Rotary Club's turn to host this event.



The evening began with time to mix, mingle and buy a raffle ticket or 2. Each club provides a raffle and the proceeds from this go to an agreed community recipient. This year the money raised is going to the Palmerston North Surgical Robot project, which has been a successful

joint fundraising effort by all 3 clubs for the last few months.

After a lovely dinner, we were entertained by a local Levin choir, who performed a bracket of songs that we were all familiar with – everyone was encouraged to sing along.



This was followed by presentations from the Presidents of Rotary, Lions and Altrusa. Each Club outlined what they had achieved in terms of community service over the past year.....an impressive number of hours devoted to a wide range of initiatives.



Following a decadent dessert, the 3 raffles were drawn, and Tui was delighted to win a meat and vegetable pack that will feed her and Jim for quite a few meals.

A very pleasant evening, and we look forward to being the hosts in 2027.



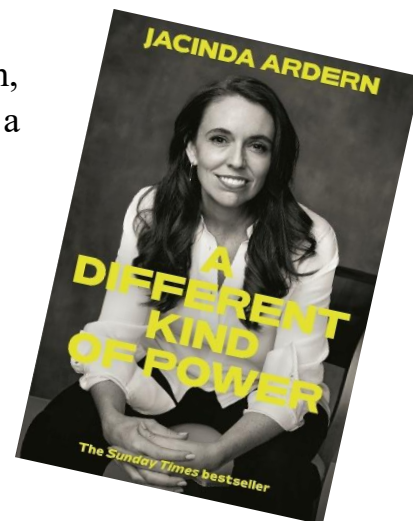
Literacy Corner-

‘A Different Kind of Power’ by Jacinda Ardern

Jacinda Adern’s memoir, “A Different Kind of Power”, is a warm, inward-looking and deeply personal book. If you are looking for a political expose or a political analysis of her time in politics, this book isn’t it.

A large part of the book focuses on her childhood and the values that made her who she was. I was surprised at the level of acknowledgement of self-doubt and her feeling that she “wasn’t good enough”.

It is an emotional, readable and humbly powerful read – I thoroughly enjoyed it.



Reviewed by Sue Robbie

Now a little something to enjoy with a brew and a good book.....

★ ★ ★ ★ ★
Carrot and Walnut Muffins



¾ cup of flour – can use wholemeal
½ tsp salt
½ tsp baking soda
2 tsp cinnamon
1 tsp ground allspice
¾ cup brown sugar – or less
¼ cup chopped walnuts
½ cup sultanas
½ cup oil – not olive oil
2 eggs
200gr grated carrots



Method

Sieve first 5 ingredients into a large bowl

Add brown sugar, walnuts and sultanas and mix together

In another bowl beat eggs and oil together

Then add carrots

Mix all this into dry ingredients.

Put mixture into 12 medium muffin pans Bake at 190* C for about 15 mins.

Recipe supplied by Jill

Committee Corner –

Here's what the committees have been up to this past month.....

SERVICE

- Finalised hosting for October Program Meeting
- Daffodil Day assessed - give them feedback.
- Looked to host morning tea Feb/ March 2027

Hours

Altrusa 25

Community 80.5

COMMUNICATIONS

- Support Women's Day March 8 Literacy Day
- Literacy Day – donate books to Women's Refuge and a preschool
- Levin Link September Issue

Hours

Altrusa 47

Community 51

MEMBERSHIP

- Movie Fundraiser – raised \$920.50 yay
- Age on the Go – raffle funds to Star 4 Courtyard project.
- Induction of new member to be at October program meeting
- Began planning November Program Meeting.
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Hours

Altrusa 35.5

Community 51

LITERACY

- Confirmed focus for Make a Difference supporting Adult Day Care volunteers.
- Club members asked to support with baking
- Christmas Committee Volunteer sorted

Hours

Altrusa 6.5

Community 18

Committees reported a combined total of 114 Altrusa hours and 200.5 Community volunteer hours - what a difference we are hopefully making 😊



COMING

15	Oct	Pay or apology for Program Meeting
19	Oct	October Program Meeting @ Western House
24	Oct	Make a Difference Day
28	Oct	Board Meeting
30	Oct	Coffee Morning @ Masonic
04	Nov	Business Meeting @ Thompson House
Save the Date		
22	Nov	Sea Scouts Garden Trail 10 am to 4p

