

## In this Issue

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Read all about it

Save the Date

### Next meetings:

Business: Monday 6th of  
October 2025

Te Awamutu Club, Alexandra  
Street, Te Awamutu

Apologies by text to Brenda  
McIvor by 6pm Friday night  
before meeting.

## President's Message

Kia Ora everyone

Hurrah spring is here! The grandies have gone home so on go my gumboots and out into the garden to weed! 5 minutes in -rain and more rain-so on goes the rain coat and -as you all know for the past five days the rain has just got harder -I now have some wonderful weed specimens amongst the flowers; but I'm a battler, patrolling my kingdom every time it stops raining to wage war on the weeds and the snails who have decided they like eating the newly planted seedlings-Persistence is the key I told myself ! Day 6 -Time now to tackle the lawns -two lanes of the back done - splutter and stop the mower went; as if to say not this week baby-have a sore throat instead, and for good measure let my internet not work too!

I tentatively crept out this morning -the sun is shining-I'm feeling better -hurrah spring is here! Moral of the story-tomorrow will be a better day!

*Lyn*

## Editors Musings

Kia ora koutou

Welcome to another newsletter brought to you from down in Welly. A beautiful day here in the Capital city today – wonder what tomorrow will bring. Lots of interesting articles in this issue around the latest IFF Day. Sounds like it was a great event! Hope you are all planning to come down to Welly for the District Conference in May 2026!

*Leanne*

## Club Reminders

### FOOD BANK



**FEED THE HUNGRY**

Please bring along to the business meeting a can/jar/packet of foodstuffs for food bank.

They are always struggling to fill parcels, and the need is increasing weekly.

Sanitary items are also in great demand.

### SALE TABLE

From time-to-time club members bring in the bounty from their gardens and kitchens. This is available to Club Members for a donation. All funds raised unless otherwise stated are for the Conference fund to help fund the cost of delegates, alternates and other club members attending Conference and Convention.

So next time you see some wonderful fruit, veggies, jam or preserves on our donation table please help yourself but leave a donation. Thank you

### Meeting Hostess

**Louise & Belinda**

Please note if you are unable to perform your duties, please arrange your own replacement.

- Note duties include.
- Door – meal & raffle money
- Table set up - place names etc.
- Accent, Grace
- Raffle
- Speaker thank you gift (check with Beth)



**SAVE  
the  
DATE**

**Next Business Meeting:**

**Monday 6th October**

**5.30**

**Te Awamutu Club**

**Alexandra Street,**

**Te Awamutu**

## Things to consider

1. In advance of our meeting lets think about whether our club would like to host the regional IFF Day in 2026?
2. Remember to spread the word about the Home and Garden Ramble – tickets are available online now.
3. To celebrate International Literacy Day in September we are collecting books for Loving Arms – if you are able to bring books to our next meeting to contribute that would be great.

## **Committee Reports**



### **Service Committee Report – Paula**

We are baking muffins for the mums at the Neonatal unit. Jill asks for two muffins a day for each mum. We will supply her with as many as we can for this month and then see how we go. The Grandparents flyer will be distributed to various schools and kindergartens after the holidays so we can include as many grandparents as possible.

### **Membership Committee Report: Leanne**



While we haven't had a meeting this month we are working behind the scenes. Our membership leaflet has been updated, and we now have a new poster that incorporates a slot for these that is going to be up at the Women's Hub. We are still collecting "action" photos of Altrusans doing community service for our revamped display that we will have at the Garden Ramble. Members also attended Altrusa Te Kuiti's 25th Birthday and also the regional IFF Day. The team continues to organise brunch bunch and movie get together for members.

### **Literacy Report: Shona**

It was great to have the committee meeting during our September tea meeting. It certainly saved the headache of trying to get a date that suited everyone.

We discussed an idea that Robyn had for a project called Blind Date.

Hopefully this will be held in February. We hope to hold it at Storyteller, but this is to be arranged. The idea is to invite the female public to come and have their coffee at Storyteller and pick up a free book to take home.

We will get good second-hand adult books and wrap them in brown paper. We will write a little blurb about the book on the outside and decorate the package.

We are hoping that the Membership Committee will have a stand at the Coffee Morning with information about Altrusa for those interested. Hopefully it will attract some new members.

Tania has volunteered her daughter to make bookmarks and stickers for decorating packages. She is also printing Altrusa stickers to go in the books for the Bright Boxes and Books for Babes.



Bright Boxes were checked and replenished. The four organizations were very pleased to receive the new supply of books.

Hamilton Rotary are holding a book fair on the 4th and 5th October at the Racecourse. Several members hope to attend and purchase some more books for us.

### **Fund Raising/Garden Ramble Committee:**

#### **Lydia and Claire**

- Website all done ready – Tickets now on Sale!
- Rosters for handing out wristbands, raffle selling, and house sitting will be at the Business meeting for members to commit their time.
- 800 raffle tickets printed, cut, and stapled. We have 88 books left once members take 2 and recipients take 10, which is only 1 ticket per rambler. We think we should print another 200.
- Abbreviated list for those unable to print their own is formulated.

- Banner ready to go up at Isite. Harriet has asked for donation for this – Board to consider donation of \$100 – see budget below
- Poster being shared physically around town, Otorohanga and Te Kuiti and via social media everywhere. Please continue sharing club members.
- Robyn has written an article to be included in the Te Awamutu News.
- Advertising is being placed in the Te Awamutu News, Cambridge News and King Country News to tie in with Robyn's news article. Advertising has also been placed in the Kiwi Gardener Magazine.
- The Ramble has been included in the "What's Happening" Sections of the Kiwi Gardener, The New Zealand Gardener and The Mitre 10 Spring Garden magazine
- The Food Forest is kindly donating a lot of seedlings for the plant sale, but we will also happily take any plants you have already propagated for sale.
- We will also be selling bouquets of flowers – if anyone has flowers, they can spare from their garden for the flower arrangements please either drop at Lydia's the day before (1/70 Taylor Ave, Te Awamutu) or contact her to pick them up from you.

### **Guest Speaker**

Harriet Dixon –

Te Awamutu Information Centre

**Altrusa In Action Photos  
Required**

**Please email to  
[altrusata@gmail.com](mailto:altrusata@gmail.com)**

## **Thank you from Te Awamutu Intermediate**

Morena,

What a week it has been! Being at AIMS Games has been such a challenging, exhausting, but also incredibly fun and exciting experience for our boys. We couldn't be prouder of how the team has come together, showing resilience, teamwork, and heart both on and off the field.

The boys played hard through some tough games, with moments that tested their confidence and strength. Friday brought the biggest challenge of the week — the finals for their grade. After a tough match, and a few calls from the ref that didn't quite go our way, the game ended in a 1–1 draw. This led to a nail-biting shoot-out, where the other team just managed to take the win. It was heartbreaking in the moment, but the boys held their heads high, proud of how far they had come.

It's been amazing to see their growth not just as football players, but as teammates, leaders, and young men. The memories made this week will last a lifetime, and none of this would have been possible without your support.

From the bottom of our hearts, thank you so much for your generous sponsorship. The support from you and our community has meant the world to us and has made this experience possible.

Ngā mihi nui,  
The Te Awamutu Intermediate Football Team





## IFF Day



IFF Day ticked all the boxes – Good venue, great food, and a varied and interesting programme. It is always great to catch up with members from other clubs - some you have met before and others that are newer to Altrusa and IFF days. We learn so much from each other and the facilitators help to make this happen. The timekeeper was great at keeping things moving and making sure we contributed in 30seconds! Membership:


We discussed what we do for new members in order for them to understand what Altrusa is all about and to have

them enjoy and be part of our activities – Community, Literacy and Social! Do we have orientations, inductions, buddies, etc. We shared some thoughts on our favourite projects, and we were asked what is our main project -A “Legacy” project and also what is one we “Love”. We were also put into groups and sent off to take some photos with the ‘Cows’ around Morrinsville – some exercise and fun and with members from other clubs.

One chair yoga – exercise on the spot!

Hands on activity – folding, labelling and tying up scarves that had been sewn or knitted. These are going to the returned service men and women.

**REMEMBERANCE POPPY**



*We will remember them*

Cast on 48 stitches in **red**

K2, P2 for 6 rows

**Next Row in black**

K2 tog to the end of the row (24 stitches)

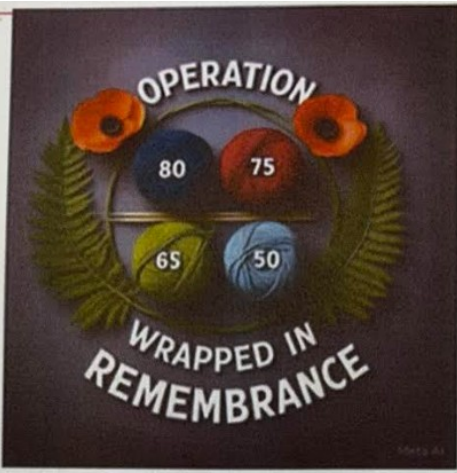
Slip 1, K2 together, PSSO and rep to end of the row (8 stitches)

K 2 together across next 2 rows

Then cast off last stitch.

Darn in ends





**Would you like to knit, weave or crochet for a veteran?**

In acknowledgment of 2025 being 80 years since the end of World War 2, 75 years since beginning of Korean War, 65 years since end of Malay Emergency and 50 years since end of Vietnam War, we invite you to knit, weave or crochet a scarf for a veteran. To let them know they haven't been forgotten, they are wrapped in remembrance and their service is appreciated.

Scarves can be any ply, any pattern and we are looking for more masculine coloured scarves.

Project dates: start May 9 - finish November 11, 2025  
Please drop completed scarves off to

### Books for Loving Arms

#### **International Literacy Day was September 8th**

To acknowledge and celebrate this day we would like to give some books to 'Loving Arms'  
It would be great if some members would like to purchase a preschool and possibly hard covered book and bring to our meeting on Monday night. Paper plus has a special re buy one and get one half price.  
The books pictured were \$10 each from the Warehouse.



## **Active Hearts Nepal**

While at IFF day we were fortunate to have an on-line meeting with Dan Keys who zoomed in from the South Island, and Beth from the States. Dan is the founder of Active Hearts and has been guiding in Nepal for many years. When staying in villages between his mountain guiding trips Dan was able to see the needs of the locals.

His first project was to establish a library in one of the remote villages 2 - 3 hours from Kathmandu which unfortunately was destroyed by an earthquake 5 days before the opening. Undeterred he fundraised for another library which then led to the creation of the Active Hearts Trust that has now overseen the establishment of a further 9 libraries throughout the region. There are 2 components to the Trust: Buildings, (Libraries, infrastructure, short-term & maintenance) and the Orphanages/ Homeless shelters - the focus for the last 4 years.

It is obvious that because of their close involvement with the villagers they can see the needs and address them e.g. they have set up an official exam centre in one school where 15 feeder schools can send their students to sit their exams.

Beth joined the trust Board 4 years ago and, in that time, they have focused more on orphanages. No doubt this takes huge amounts of time and relies on the generosity of people far and wide. When Dan takes a guiding group, he is working with the local villages as well as supporting them. What 'hands-on' activities can we do to support Dan and Beth? Knitted beanies and jerseys.

### **From the Active Hearts Website**

10 Years Running    \$350000 Funds Raised NZD    21 Active Hearts Projects

We Are A Grass Roots International Charity Based In Aotearoa / New Zealand.

Our focus lies in remote Himalayan villages and impoverished areas of Kathmandu Valley in Nepal

We facilitate community wellbeing projects for children prioritising health and education. We also provide humanitarian aid and assistance to various orphanages and homeless shelters that specifically assist those with mental and physical disabilities.

Every cent you donate goes to those in need.

***Watch the Active Hearts Foundation documentary***

***WATCH NOW at this link***

***[https://youtu.be/SAAe5seNPJ4?si=oh0t2\\_wRNLhkHaRK](https://youtu.be/SAAe5seNPJ4?si=oh0t2_wRNLhkHaRK)***

The 20min documentary shares our story from the very beginnings, through the 2015 Nepal Earthquakes and the vision for the future. Meet the Active Hearts Foundation team and spend time in the Himalayan villages and with Nepali people and children that call them home.



# *30th Te Awamutu Altrusa Home and Garden Ramble*

*Sunday 2nd November 2025  
9.30 am ~ 4.00 pm  
Tickets \$30, available from 1 October*

