



**ALTRUSA CAMBRIDGE MONTHLY  
NEWS  
FEBRUARY 2025**

Altrusa International of Cambridge Leading to a better Community BRANCHING OUT

Altrusa is an International non-profit organisation making our local communities better through leadership, partnership and service. We are civic minded people who strive to create better communities worldwide.

**Presidents report**

Well, the festive season came and went with the days flying by. Thanks to Joanne for hosting the January get together and other members for providing the meal – I understand it was a very successful evening.

The “Be a Santa to a Senior” project was again very successful – thanks to staff of Unichem Pharmacy and the generosity of our Cambridge residents.

I attended the Altrusa Te Awamutu 30th Birthday celebration early December held at The Tree Church gardens in Ohaupo. It was an enjoyable afternoon.

I am very grateful to club members for “getting things” done/organised over the past couple of months; my time and energy has been focused on family rather than Altrusa.

**Alison**

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**House Keeping**

**President:**     **Alison Burr** – Please refer to your Year Book for Alison’s Phone, email and address.

**Secretary:**   **Joanne James** - Please refer to your Year Book for Joanne’s phone, email and address.

**Editor:**        **Janet McComb** - Please refer to your Year Book for Janet’s phone, email and address

**Business Meeting:**    **Thursday February 26<sup>th</sup>.**

**Taylor Made (Formerly Community Centre Taylor Street)  
Meet from 5.45 onwards**



**Dinner will be at 6.00 onwards**

**It is our clubs 34<sup>th</sup> Birthday this month so we are celebrating. The Communication/Literacy Committee are providing the dinner. We have our District Fifteen Co Governor, Leanne Milligan visiting. Cost is \$28 00 for dinner which includes the room hire and \$5.00 for the raffle.**

**Please remember to bring your plate, knife and fork and glass and whatever you want to drink.**

**Please get your apologies to Helen by Tuesday evening 25<sup>th</sup> February**

**Board Meeting: Thursday 13<sup>th</sup> March**

**March Lunch: Friday 14<sup>th</sup> March. Jenny would like suggestions please.**

**. REMINDERS We will start collecting toiletries for the Salvation Army.**



January, 3<sup>rd</sup> Maureen, 23<sup>rd</sup> Irene.  
None in February.

## **Committee Reports**

### **Service ,Membership and Social.**

Mostly a few reflections as we move on from the Christmas break.

I love having our two newest members, Lyn and Isobel on my committee and they are absolute treasures. Both these ladies have brought new perspectives and high energy levels to our club.

Our laundromat library is being well used and the recording of books is reduced to the number of books added and number removed. Then a quick tidy up and done. The baking for St Johns Food truck is underway again and continues to be a service that is much appreciated.

On the social front, Jenny (not on our committee) still organizes great well supported lunch outings each month. Those of us who attend our, once a month, get together at the Good George manage to have a long chat over our single drink (all responsible drivers).

Glenda

### **Communication and Literacy**

The committee met at Maureen's to plan this months meeting. As it is our Birthday month it was decided that the committee would supply the dinner. Helen is making a birthday cake. At this stage there was not much else to discuss. As Maureen had missed the Christmas meeting she put on a wine and nibbles for us while we caught up with what we had all been up to over the Christmas break. A very pleasant meeting. Thanks Maureen.

**Janet**

### **Friday Lunch**

Friday Lunch:

Last week a group of five went to the Bikery Café at the Velodrome for lunch. It was nice to have Rae Newport join us and also Isabel who walked over from St Peters during her lunch break. The food was very good and the sweets cabinet was amazing. We all went home with something for afternoon tea. Next month's lunch will be Friday 14th March, no decision has been made about where to go yet. Ideas please.

**Jenny**

### **Recipe: from Jenny**

Most of us have a surplus of Zucchini so here is a simple recipe to use some of them up.

### **Zucchini Slice**

500 grams zucchini – grated

½ tsp salt

1 onion – grated

¾ cup self raising flour

4 eggs

Pepper

1 ½ cups grated cheese

Herbs and tomato slices (optional)

Method:

Grease a heavy ceramic dish or metal pie plate.

Grate zucchini and onion and mix with egg and cheese. Add flour and seasonings. Mix everything together and pour into dish. This rises quite a bit so don't overfill.

Bake at 200 degrees for 25 to 40 minutes until the centre feels firm and the top is slightly brown.

## **The real Luxuries in life:**

time

health

a quiet mind

slow mornings

ability to travel

rest without guilt

a good night's sleep

calm and "boring" days

meaningful conversations

home-cooked meals

people you love

people who love you back