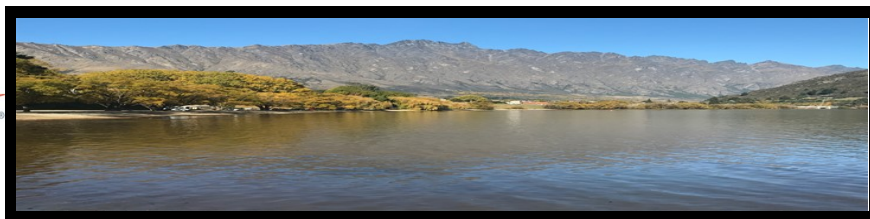


Remarkables Rambler



March 2024

Next Business Meeting: April 3

Programme Meeting: April 17

Duty committee:

April : Communications

Service Hours: from May 2023 YTD -
319

Breakdown this month:

NZ House and Garden Tours: 60

Reading at QPS: 12

Child Cancer Collection: 12

Relay for Life: 102

Total for Feb/March **186**

Altrusa Websites-click on link
Altrusa International

Login:altrusan

Password: MamieBass1955

[Altrusa International - club sister](#)

[Richardson](#)

[Richardson Club Newsletter](#)

[District 15](#)

Upcoming Events:

Annual Altrusa Conference: 3, 4th,
and 5th May at Novatel, Hamilton

Changeover Night: May 15

International Day of Families: May 15

Past and Upcoming Service:

Child Cancer Collection – 8, 9 March

Relay for Life – 16th March

Meal on Wheels – 8, 12, 24th April

From your President:

Our President is having a family holiday in Brisbane this month. So here are a few words from me.

I think it is fitting to mention the service hours the Club has achieved this month. In one month we have more than doubled our hours, so well done to all those who could participate in the various activities. (See the photos below)

Although it is not customary for us to single out individuals, as we all do what we can, when we can, there are 4 people who really deserve a mention, for their contribution to those hours.

Thanks go to Kay and Kate for each doing 32 hours of Service for the House and Garden Tours and The Relay for Life.

Thanks to Sharon and Annette for each doing 21 hours of service for the same.

Total service hours from these 4 people = 106hours. Fantastic contribution ladies.

Also, in need of a mention, is the upcoming Changeover night, when we will be installing a new Board, a new President-Elect and a new President. Kay is already busy with her team, organizing the theme and venue, amongst other things.

So, keep May 15 free, and plan your holidays to start on the 16th! 😊

Keep Smiling
Margaret

Notices – Birthdays

Julie – 8th March

Sarah – 24th March



Coffee Catch Up:

Boat Shed Café, Frankton Marina

Friday April 5 10.30am



Gluten Free Chocolate Brownie

(For Ella)

(I brought this along to a Business meeting last November.)

100g dark cooking chocolate
75g butter
1 cup brown sugar
1tsp vanilla essence
2 eggs
1/2cup maize cornflour
1/2cup rice flour
Gluten free icing sugar

Place chocolate and butter in a saucepan and melt over a low heat, stirring all the time. Remove from the heat and mix in brown sugar and vanilla essence. Cool the mixture for 5 minutes then beat in the eggs with a wooden spoon until combined. Add the cornflour and rice flour and beat until combined. Pour the mixture into an 18 x 20cm slice tin, with a baking paper lined base.

Bake at 180°C for 30minutes or until just cooked. (do not overcook, it should still be moist inside) Cut in to squares when cool, then in to triangles.

Dust with gluten free icing sugar.

Note: icing sugar is often combined with cornflour, to stop it from going hard.

Make sure the icing sugar you use does not contain wheaten cornflour.

Serve on its own with coffee, or with berries and cream for dessert.

**Blessed are we, who can laugh at
ourselves. For we will never cease to be
amused.**





Recent Events – Catch-up Coffee

Enjoying each other's company and sorting out couple of business matters at the Antidote's Cafe on Friday, 1st March. From left to right – Sharon, Kate, Anita, Kay, Louise, Betty and Margaret

Our lovely volunteers participating in the Child Cancer Collection outside New World on Friday, 8th March





*“The charges are correct, sir.
The airline now charges for
emotional baggage as well.”*

Relay for Life March 16 Lake Hayes Pavillion

An enjoyable day was had by us all – sitting around the tent yarning and walking around the track yarning – just a good relaxing day of fellowship. Our core group were dressed with Angel wings and a halo, wigs, boa boas and face decorations adding to the fun.

Big CONGRATULATIONS to Sharron who was our big donation earner and also she was **second for the whole Relay for Life getting \$4128 in donations** - You are a Champion. Thank you so very much. Our Altrusa Angels team donated \$5662 to the Relay which is a wonderful result and donation. This included money raised on the Relay page and included raffle money of \$251 and silent auction of \$20.

A few days before the event 6 of us met at Margaret's and made crepe paper flowers to decorate the gazebo. On the morning we arrived from 8.30am, and got our gazebo decorated and organised so we were ready to start walking at 10.00am. We were a little disappointed this year as there were only 18 sites and really only a few people walking at any stage. The live musicians provided great music and atmosphere to walk to. A few of us supported the Mitre 10 stand and made tool boxes at no cost. There were 4 caravans with tasty food to buy. Most of us brought our lunch and food for a shared tea.

There was a core group of us – Margaret, Kay, Sharron, Ella, Annette and Kate there for the day and we did enjoy all the others coming along and joining in the walk and staying for a yarn–Betty, Alyth, Louise, Anita, Rose, Julie, Annette's granddaughter and Bridget and granddaughter – 15 in total. Thank you so much everyone for your help, donations and / or being there on the day. The service hours we clocked up for the event was 102 hours – great effort. Thank you all.

**OUR CLUB AT THE RELAY FOR LIFE ON SATURDAY, 26 MARCH, 2024 AT THE LAKE
HAYES PAVILION**





CANDLE LIGHT CEREMONY



New Members Show Case: Bridget McDonald



My name is Bridget McDonald and I hail from Oxford, UK. I was brought up there, did my schooling there and then later did university in Southampton and post-grad studies at Oxford. History was my subject and then later Museums and Museum Education - a field which I worked in for several years in the South of England and London before emigrating.

I came to New Zealand in 1986 after marrying David McDonald from Bay of Islands. We met in Nepal. I had been travelling for some time through India and David was guiding in Nepal and had been away from NZ for 10 years. We married in London and then decided to come live in New Zealand.

I started off family life living in Piha near Auckland for a couple of years. I have two daughters, Jo born 1986 and Rachel 1990. We decided to come live in Queenstown in 1990. We worked together in our own tourism business for the next five years. When we sold that I went back to my previous career in museum work with a position at the Lakes District Museum where I stayed for 15 years. After that I made a career change - retraining as a therapeutic massage therapist and continuing with my life-long Iyengar yoga training.

As of last month I have reached official retirement age. I stay busy by teaching yoga therapy one day per week, running my Airbnb, working 2 days in a shop and helping out with my one and only grandchild in Coromandel. Spend a lot of time walking my dog, also love electric biking, tramping, playing pickleball and trying to enjoy everything Queenstown has to offer. I generally spend two months every NZ winter with family in the UK but since my father died last year I will no longer be making the trip. I was a member of the Wakatipu Lions until the group disbanded but I enjoy volunteering when possible.

This Months Book Review: " Yellow Crocus" by Laila Ibrahim

Once I started listening to Yellow Crocus, I could not mute it. It is a fascinating story of white privileged families in Virginia who gave up their new born babies to enslaved wet nurses. The attachment and close friendships that these babies formed with slaves in a sinister chapter of American history leads to a compelling historical novel. It is a tale of love, loss and redemption.

I highly recommend listening to, rather than reading this book. The strong Southern drawl and slave talk without verbs is brilliantly performed by the reader and makes every character real.

The author has an education and background in multiracial, developmental psychology and attachment theory.

Regards Corné

What has our Sister Club being doing?

**Choose Kind Libraries making a positive impact
around the world thanks to Altrusa International!**

Think Kindness helped connect Altrusa Richardson with **Hogaricito San Juan Bosco**, a small orphanage in **La Fortuna, Costa Rica**, to receive their own Choose Kind Library. Through this collaboration and through funding provided by Altrusa Richardson's Outstanding Women of Today Luncheon fundraiser and a grant provided by Altrusa International Foundation, **Altrusa Richardson** purchased 65 Spanish language books which were shipped to Think Kindness so they could take them to the orphanage in October 2023 while their global team was there. The video above expresses the heartfelt gratitude and global impact Altrusa has made - One Book at a Time!



