President’s Message

Things are progressing well for the New Year of Altrusa, Tania and I are meeting to get things started for the Altrusa Year starting June 2020. The end of my two year as President is coming to an end and I want to thank you for your support. It has not been an easy time but I am seeing light at the end of a tunnel. I especially want to thank the amazing secretary who has propped me up throughout the two years, Helen you are an incredible lady.

How’s everyone’s gardens? No rain and water restrictions. My lawn is nearly dead and I feel as though I might have to start again on the planting of my garden. Speaking of Gardens please if anyone who can and would be willing to put their garden in this years Garden Ramble please approach them or pass their names onto Alison. It is our 25th one so this will be one to celebrate.

Joanna

Notice Board

Monday 2nd March 2020

Business and Programme Meeting

Te Awamutu Club, Alexandra Street, Te Awamutu

Dinner Cost $25, $2 Raffle

Guests & Apologies to Vicky Apps

07 871 9819 or 021 139 0377
Or email Apps@xtra.co.nz

Monday 30th March Board Meeting

Editors Message

Okay – who stole February? I want it back. I wonder how many of us are in the same boat – wondering where one sixth of 2020 has disappeared to already. Looking forward to catching up at our March meeting where we have service activities and great speakers planned. Leanne
Food for Thought

At our last meeting Immediate Past Governor Christine Melville presented Leanne and Maria with their 25 year pins. I wonder how many years of service are represented in the photo below?

Hands on Service Extra

At our March meeting we are going to provide members and guests with an opportunity to get your hands dirty (well not too dirty) and participate in two hands on service projects. We will be painting rocks (Kate has been beavering behind the scenes to get us ready for this which will be part of our Something Old, Something New, Something Borrowed, Something Blue project).

We will also be collecting toiletries for the Women’s refuge and bagging these up so please bring along toiletries (shampoo, soaps, toothpaste etc).

Home And Garden Ramble 2020

We need members to work on two things for this year’s ramble – gardens and causes.

1. Can members please reach out to their networks and help us to come up with properties to feature in this year’s rambles. Any leads please feed to Alison Todd.

2. Can members please start gathering ideas for recipients for this year’s Garden Ramble.

March Meeting

We have an action packed meeting planned for our March meeting so it will be a great one to invite guests (and potential new members along to).

We have Stuart and Mary Hampton from Commsafe coming to talk to the Club on 2 March. They are coming to tell us more about what Commsafe do and what it’s like to be a volunteer. You will remember that we held a thank you afternoon tea event for Commsafe volunteers last October and it will be a great opportunity to learn more about this great group.

We will also be doing some hands on service too – which allows for multi tasking – service and chatting!

Meeting Hostess

March
Brenda, Beth and Kate

April
Christine, Shona and Maria

Please note if you are unable to perform your duties please arrange your own replacement.

Nothing can bring you peace, but yourself
Altrusa International of Te Awamutu Inc  C/- Joanna Gulliver, 118 Preston Road, Te Awamutu  altrusata@xtra.co.nz

Altrusa Morrinsville
Invite You to Join Us for High Tea
On the lovely grounds of the Hangawera Lodge just out of Morrinsville
Sunday 22 March 2020
2.00pm
Tickets: $40.00
Tickets available from:
Site Information Centre, Morrinsville
Mt. N. Bay, Morrinsville
(Internet banking or Cash only)

Altrusa International Tauranga presents ... an evening with

Jenny Magee
Living Bold
What are you doing with your one wild and precious life?

Jenny is an accomplished speaker—entertaining, light-hearted, amusing with a message for all women and especially for the over 50’s — see her website jennymagee.com

26 March 2020
Doors open at 6.30pm, for a 7.00pm start
Graham Young Youth Theatre, Tauranga Boys College
Tickets $25.00 (with all proceeds going to various local charities)
Includes truffles, tea and coffee at the end of the evening

To purchase tickets:
Phone: Sandra 027 4838445 or Ann 07 570 0991
Or email: juliejohn.bradley@gmail.com
We can deliver to you in Tauranga.

Tickets also available from:
The Alteration Salon, Piccadilly Arcade, CBD
(cash only)
District News

District Conference – More Details

1st – 3rd May 2020
Rydges Hotel, Wellington

REGISTER ONLINE

Earlybird ends 6th March | Registration closes 15th April

JO ALDERDICE is the Founder and National Manager of ‘Little Sprouts’ who give away free life-changing baby packs to families in real need.

SPEAKERS

ELISHA WATSON is the Founder & CEO of Nisa an underwear label that is lovingly sewn by women from a refugee background.

FRIDAY NIGHT THEME

Intrepid Travellers

In the end we only regret

the chances that we didn’t take
This month we are sharing some news from our sister club in Atlanta Georgia (incidentally it is a lot cooler there than here right at the moment!).

This month we are going to share some what I call “one pot one spoon” recipes that are easy to prepare and share.

**One Bowl Chocolate Cake**

**Ingredients:**
- 1 cup self raising flour sifted
- 3 tbsp cocoa sifted
- 1 cup caster sugar
- 3 tbsp butter softened
- 1/3 cup milk
- 2 eggs

1. Beat all ingredients in a bowl for 3 to 4 minutes.
2. Pour into greased and floured tin.
3. Cook at 180 C for 40-45 minutes.

*Note: This can easily be made as muffins*

**One Bowl Carrot Cake**

**Ingredients:**
- 3 cups grated carrot
- 3 eggs
- 1 cup raw sugar
- 1 ½ tsp baking powder
- Icing
  - 50g butter
  - Juice of 1 lemon

1. Heat oven to 160 C
2. Mix all ingredients in bowl.
3. Place mixture in greased ring tin.
4. Cook or 1 ½ hours.

Ice with cream cheese icing once cool.

---

**Be thankful for what you are now**

**And**

**Keep fighting for what you want to be tomorrow**

-Anon
A Trip Down Memory Lane

Here is a potted history of Altrusa

<table>
<thead>
<tr>
<th>Year</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>1917</td>
<td>First Altrusa Club established in Nashville, Tennessee on April 11</td>
</tr>
<tr>
<td>1918</td>
<td>First National Convention – Mamie L. Bass elected National President</td>
</tr>
<tr>
<td>1931</td>
<td>Permanent Headquarters established in Chicago, Ill.</td>
</tr>
<tr>
<td>1935</td>
<td>Altrusa became International with extension into Mexico</td>
</tr>
<tr>
<td>1946</td>
<td>First Altrusa representative to the United Nations is appointed.</td>
</tr>
<tr>
<td>1962</td>
<td>International Foundation established</td>
</tr>
<tr>
<td>1966</td>
<td>First Altrusa Clubs formed in New Zealand ASTRA clubs introduced.</td>
</tr>
<tr>
<td>1985</td>
<td>District Fifteen formed in New Zealand</td>
</tr>
<tr>
<td>1987</td>
<td>Membership opened to men.</td>
</tr>
<tr>
<td>1995</td>
<td>First Convention held in Christchurch, New Zealand. First International President from New Zealand installed.</td>
</tr>
<tr>
<td>2004</td>
<td>International Service Project ABC Altrusa Book Collection boxes established.</td>
</tr>
<tr>
<td>2011</td>
<td>Altrusa International rebranded</td>
</tr>
</tbody>
</table>

Altrusa Accent

Like all organisations Altrusa has a structure. You can think of Altrusa as being like a hamburger with the bun being “International”, the salad being District and the real meat being our clubs.

**International:** Made up of an International Board of Directors, Programme Committee Chairs and the International Office Staff. An International Board member is assigned to visit each District Conference. An International Convention is held every two years.

**District:** Made up of a District Board of Directors and Programme Committee Chairs. There are 14 Districts. District Board members are assigned to visit each club in each year. A District Conference is held each year.

**Clubs:** Made up of a Club Board of Directors, and Committee Chairs and Club Members. There are 20 clubs in District Fifteen.

---

Submissions due for the next Altrusa Leader

20th March 2020

Email to: leannemilligan18@gmail.com