

President:	Pam Hayes
President Elect:	Margaret Beswick
Secretary:	Lesley Stanley
Treasurer:	Sandra Bonney
Past President:	Denise Bean
Directors:	Pauline Gillies Jean Scoullar
Attendance:	Alison Cranston
Sunshine Lady:	Doreen Bendall
Editor AlNewza:	Julie Bradley
Committee Chairs:	
<u>Literacy/Membership:</u>	Pauline Gillie Ann Fulcher (support)
<u>Service/Fundraising:</u>	Jean Scoullar Julie Bradley (support)
Archives:	Margaret Beswick



FROM THE PRESIDENT'S PEN

When winter commences it seems endless! However, we are now racing into summer and the festive season.

Our new members have settled in and shared their talents and time with us. The Programme Meetings and Coffee Mornings have allowed us to get to know them and of course the reverse is true!

Life has dealt some tough blows to our members during this time, the loss of a spouse, illness, accidents and job loss to mention some. It is during these times that friendships within Altrusa shine through and support is offered to those in need, enabling them to get through the tough times and the courage to deal with the changes these bring.

It is true also that we've had many things to celebrate. As a club we hosted a fantastic Area One IFF Day, have listened to some incredible speakers and continued to deliver great service within our community that we are proud of. The fact that we can and choose to do this is a celebration in itself.

So, the scene is set for a super summer, with our usual Christmas Season service projects poised for action with those who can have their Hands Up.

Keep your head up; keep your heart strong!

Yours in Altrusa,

Pam Hayes

DATES TO REMEMBER

- 23 November Distribution of children's books at Hairy Maclary Statues at 11 am. All members welcome.
- 26 November Sandjars to be made
- 7 December - Saturday Morning Coffee – Henry & Ted's Café, Papamoa – 10.30am
- 10 December Christmas Dinner – Ann's place
- 16 December (TBC) final date for Shortbread. Deliver 4 or 5 bags containing 6 shortbread each, to Denise's. Denise for labelling.
- *Christmas Break* -
- 2020
- 4 January Coffee morning venue will be Jane's choice – everyone will be emailed details
- 28 January Fish and Chip night - 6pm at Kulim Park. Gluten Free will be available, battered or crumbed fish options also. Jane will need the GF orders so she can collect them on her way to the park.
- 11 February First Business meeting of the year
- 15th February HIGH TEA for grandparents raising grandchildren
- 25 February Programme night –a Movie followed by meal at Collar and Thai – times to be confirmed once movie chosen.

Editor's Note

I've been away for 10 weeks visiting our granddaughters in Chorleywood, Hertfordshire. While I have been enjoying Lila and Asha and having a lovely time visiting the zoo, stately homes, farmers markets, National History Museum, as well as going to a show in London and one of the Hindu festivals; Tauranga Altrusans have been extremely busy as usual, and organising everything for our very busy pre-Christmas round of service projects and fundraising..

Thanks to those who have sent me photos and news items.

Great to be back!!

As this is the last newsletter for 2019, I want to wish all Altrusans a very merry Christmas and happy New Year. Safe travels if you are travelling to visit friends and relatives or for the holidays.

Thanks,

Julie



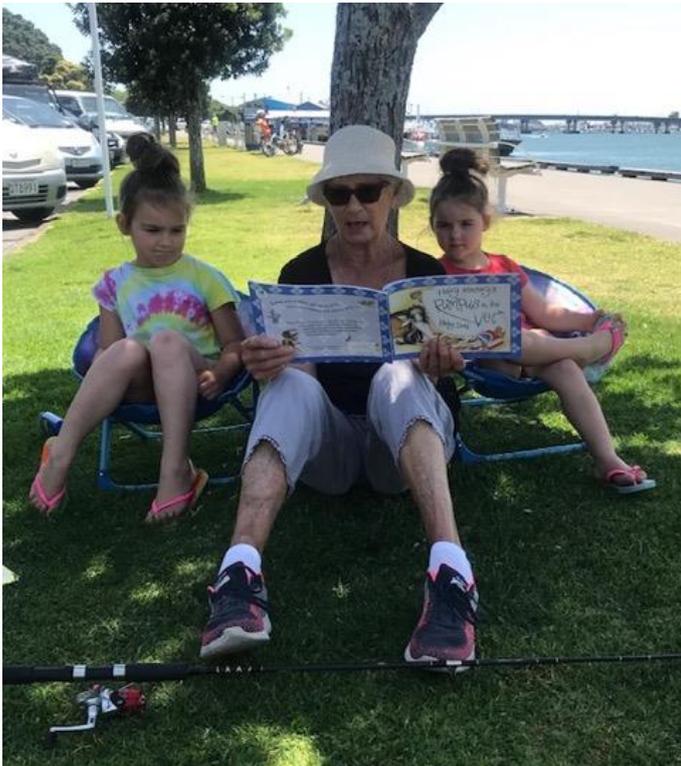
LITERACY AND MEMBERSHIP

Down in the Bay on a Glorious Day

Altrusa members gave books away in order to commemorate International Literacy Day.

'Twas a little bit late, I know that is true, but September was cold and wet, what else could they do?

Down at the Strand the spot that they chose was the Sculpture park with Lynley Dodd's book characters stood in bronze repose.



At first the children were scarce and the books aplenty. Children were invited to read gently, gently.

The stories delighted, no doubt that was true, each page being turned with vigour and hue.

Shyness forgotten each picture entranced, the wonder of what would happen next as the story advanced.

With books being read with enthusiastic vigour, characters like Scarface Claw still getting a shiver.

Thanks to Jill, Denise, Pauline and Pam who on that day, provided fun and entertainment down in the Bay when unsuspecting children came to play.

All books were taken, clutched firmly in hand, by each new owner who had gone that day to play on that glorious day at the Strand.

Pam Hayes



Pizza/Quiz Night.

This took place at Marg B's, where we had delicious nibbles before the pizza arrived. There was about 16 of us, though Russell left us the second the quiz began.

There were four teams of either three or four members, with Claire as quiz master, and Ann the trusty scorer. The quiz had four sections, the trickiest being the Eye Cue Test where picture clues had to be deciphered accurately. Other sections were NZ, Christmas and international.

Some small prizes were awarded to the lucky first place and second place teams.

Claire Spiers

FUNDRAISING AND SERVICE

Movie night – Ride Like a Girl

This was held at Rialto on 31st October and we had a full house. The girls provided a lovely lot of nibbles and we heard only compliments from the audience.

Pam spoke to the audience and presented Heather Langley from Merivale School with a cheque for \$500 for their outdoor sensory area. Heather was a great speaker and gave us all a wonderful insight into some of the things the school are wanting.

A lucky ticket number draw was won by our Glenda and she took home a nice bottle of red wine. The balance of the money is going to the Literacy Account.

The photos show the children and the Principal Tom Paekau trying out some of the new 'stepping-stones' which have already been put in the area.

Denise Bean



Breast Cancer Breakfast

13th October saw 14 members and visitors at Denise's for breakfast. Everything was pink! Tablecloths, place mats, serviettes, fruit juice, champagne, balloons, streamers, roses, raffles which were donated by Glenda and Denise and baubles from the Break Cancer Association. We had a seated breakfast with Wife-saver, followed by fresh fruit, and every attendee was given a cupcake decorated with pink icing to take home. It was a beautiful day, and we were able to have the doors open onto the deck. We raised \$238 to send forward which was a great effort, and everyone agreed it was a wonderful morning.

Denise Bean

Christmas Cracker Night

On the 19th November members got together at Jane's home to make the crackers for Te Tuinga and Tauranga Hospital Children's Ward. We seem to have it down to a fine art now and with about 12 members, including our newest recruit Erena Scott, had them all made in an hour.

This was followed by an hour or so of great food and chatter, chatter, chatter!! The crackers look great and will go to the two recipients in the next few days.

I took the Crackers up to the children's ward this week and Stacy, the play co-ordinator, was very excited. They will be used for their Christmas Party. If there are any over, they will be distributed on Christmas Day. I got the feeling that a few more would not go amiss and could be used for siblings at Christmas. Maybe next year we could increase Tauranga Hospitals share to 50.

Denise Bean

Christmas Fundraiser

There were ten members present at our November



programme night for the annual task of completing our Sand Jars Project. With 120 jars to put together the group worked hard from 5.00 to 7.30pm.

Denise and Ann had done an excellent job having everything ready for the filling of the jars.



We were all a bit tired afterwards but what a great job done! And we managed to have a bit of fun along the way. Several of us enjoyed a meal together afterwards. And a good natter!!



OTHER NOTABLE EVENTS

IFF Day: The perspective of a 'first timer'.

New member of Altrusa? If you are, find out when the next IFF Day is and make every effort to be there!

This year Tauranga 'hosted' this day held at the Vintage Car Club Rooms. The resourceful Clare and Ann took on the daunting task of decorating the tables. It was done with great flair – using (among other things)



recycled cloth from our FASH leftovers. The pictures show the stunning effect that greeted us as we entered the venue.

This great start continued throughout the day as we Embraced the Journey and moved from one activity to another. Altrusans from the Rotorua, Morrinsville and



Te Awamutu Clubs shared their projects, successes and challenges. It was impressive to see the achievements of very small clubs – and to get a sense of the collective Altrusan contribution to our communities regionally.

The day was orchestrated by Wellingtonian, Ming-chun Wu, District Fifteen Vice Governor, who provided an enlightening overview of Altrusa. This was followed by Leanne Milligan's news from International. These presentations were inspirational and gave a sense of the connectedness of the wider organisation.

Marie Mackay, District Fifteen Governor, made the journey from Oamaru to deliver her Governor's presentation and provide news from the Districts and highlights from World Literacy Day. We were all delighted by her reading of **Wilfred Gordon Macdonald Partridge**.

The day was not all sit and listen. We engaged in small group discussions/brainstorms and even got to decorate 'Love Letters' for the children's wards.

Our fabulous catering added a special something to the energy and enjoyment of the day. Everyone went home fired up to spend more time on the topics mentioned already as well as the Altrusa website, the new 'virtual club', Astra, the Altrusa Mentor programme, the 'support our soldiers' focus for the next **Make a Difference Day** and recruitment of young members!

Lesley Stanley

Saturday Morning Teas

These morning teas have been well attended and enjoyed by members over the last few months.

Six members attended the November morning tea at Bethlehem Shores and had a great time. They were treated to a very pleasant tour of the wonderful new Clubrooms by Doreen. Sounds a great asset to those that live there.

Pin Cushion Challenge

The Pin Cushion Challenge produced an array of colourful creations. Pam awarded Claire the prize for the best pin cushion. They will be given to the Threads across the Pacific project.

OTHER ALTRUSA DISTRICT FIFTEEN CLUBS

Looking at Facebook you will have seen that the other Altrusa clubs have been busy with the very interesting events, fundraising and other activities. Some of these included:

- Levin making 80 flower posies for volunteers who give time to charity for Make a Difference day.
- Oamaru held a Christmas Extravaganza which had 30 stall holders and they sold beautiful Christmas cakes made and decorated by members
- Ohariu has been busy making Blitz balls for Bellyful Porirua, as well as planting an Altrusa bee garden with flowers to help promoted the importance of bees
- Ashburton catered afternoon tea for residents and carers of local rest home
- Hawera held a fashion parade to raise funds for the annual nursing bursary and to supply police with emergency care packs for families in family harm and violence situations

If you haven't seen other clubs' news on Facebook, there is some interesting items and it is worth taking a look. All club newsletters are also available on the District Fifteen website. (see *links to District and International websites at the end of the newsletter*).

2019/2020 Committee Members

Membership/Literacy:

Pauline Gillies	Ann Fulcher
Chris Schwarz	Doreen Bendall
Jan Edwards	Jill Cooney
Jill Irvin	Lesley Stanley
Margaret Beswick	Sandra Bonney
Claire Speirs	Jane Bloch

Service/Fundraising:

Jean Scoullar	Julie Bradley
Alison Cranston	Shona Sterritt
Deirdre Burrows	Denise Bean
Glenda Lowe	Isabel Cameron
Leigh Manson	Margaret McDonald

RECIPES

Wife-saver - Great brunch *recipe* from Denise Bean

6 slices White bread – crusts removed
Slices Ham or Bacon
Slices Tasty cheese
6 Eggs
½ tsp each Salt & Pepper
½ to 1 tsp Dry mustard
¼ cup chopped Onion
¼ cup chopped Green Pepper
1 – 2 tsp Worcestershire Sauce
3 cups Milk
¼ lb Butter
Dash Tabasco sauce
Crushed Cornflakes or Special K

1. In a 9" x 13" glass buttered dish put bread to cover bottom and sides.
2. Cover with bacon or ham.
3. Lay cheese on top
4. Cover with bread to make it like a sandwich
5. Beat eggs and add all other ingredients EXCEPT butter and cornflakes.
6. Pour over bread and cover. Stand in fridge overnight.
7. NEXT MORNING
Melt butter and pour over top.
Cover with cornflakes.
8. Bake uncovered 180C for 1 hour.
9. Let stand for 10 minutes before serving

NB: I usually make it in my big meat dish and so double the recipe.

(I also made a gluten free one as well for Jean – I just used gluten free bread & cornflakes. I reduced the recipe size accordingly.)

Lemon & Pea Soup - Compliments of Jan Edwards

1 pound frozen peas (or fresh)
1 cup celery, diced
½ red onion, diced
1 tablespoon olive oil
2 cups water
1 cup white wine
¼ cup fresh parsley
1-2 teaspoons lemon zest
juice of 1 lemon

1. Heat olive oil in medium Dutch oven/pot. Add celery and onion and sauté until soft and aromatic.
2. Add frozen peas, water and wine. Bring to a boil and simmer until peas are cooked and bright green, about 7 minutes.
3. Cool slightly and puree with an immersion blender (or regular blender).
4. Add salt and pepper to taste, along with lemon juice and zest.
5. Stir in freshly chopped parsley.
6. Garnish with cracked black pepper, crushed walnuts, and additional parsley if desired. Serve warm.

Links for your information:

[Altrusa District Fifteen webpage](https://districtfifteen.altrusa.org/) - <https://districtfifteen.altrusa.org/>

[District Fifteen Facebook page](#)

[Altrusa International of Tauranga Facebook page](#) -

[Altrusa International Foundation, Inc Newsletter – The Impact](#) - first issue

[2019-2020 International Altrusan](#)
